

Poverty Facts for Maine



- One in every 8 people in Maine is living in poverty.
- Most people agree that the federal poverty level is about ½ of what it actually takes to make ends meet.
- 1 out of 3 people in Maine do not have sufficient income to meet basic needs.
- Maine is among the highest states in its rate of food insecurity, 43% higher than in other New England states.
- The maximum TANIF payment in Maine for a family of 3 is \$485 a month
- TANIF benefit has not increased since 2001
- Since 2001 the cost of heating Oil has tripled
- Gasoline prices since 2001 have doubled
- In the past year the cost for food has increased 11%
- 43% of workers run out of unemployment benefits before they can find new work

*Taken from 2015 Maine Community Action Association